

## Article

# Thymic Nurse Cells Support CD4<sup>-</sup>CD8<sup>+</sup> Thymocytes to Differentiate into CD4<sup>+</sup>CD8<sup>+</sup> Cells

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Thymic nurse cells (TNCs) represent a unique microenvironment in the thymus for T cell maturation. In order to investigate the role of thymic nurse cells during T cell differentiation, a TNC clone, RWTE-1, which formed a typical complex with fetal thymocytes *in vitro* was established from normal Wistar rat. Hanging drop culture method was applied to reveal the interaction between TNCs and thymocytes. Our result revealed that eighty percent of immature CD4<sup>-</sup>CD8<sup>+</sup> cells differentiated into CD4<sup>+</sup>CD8<sup>+</sup> cells after a 12-hour hanging drop culture with RWTE-1. However, in a 12-hour culture of immature CD4<sup>-</sup>CD8<sup>+</sup> cells with or without RWTE-1 supernatant, only 30% of the cells differentiated into CD4<sup>+</sup>CD8<sup>+</sup> cells spontaneously. This observation led to the conclusion that RWTE-1 cell has the capacity to facilitate immature CD4<sup>-</sup>CD8<sup>+</sup> thymocytes to differentiate into CD4<sup>+</sup>CD8<sup>+</sup> T cells by direct interaction. *Cellular & Molecular Immunology*. 2005;2(4): 301-305.

**Key Words:** thymic nurse cell, T cell differentiation, hanging drop culture

## Introduction

Bone marrow-derived progenitor cells migrate into the thymus where they mature from a CD3<sup>-</sup>CD4<sup>-</sup>CD8<sup>-</sup> triple negative (subcapsule), through immature CD3<sup>-</sup>CD4<sup>-</sup>CD8<sup>+</sup> single positive (or, in some mice, CD3<sup>-</sup>CD4<sup>+</sup>CD8<sup>-</sup>) to CD3<sup>-</sup>CD4<sup>+</sup>CD8<sup>+</sup> double positive (cortex), and eventually the mature CD3<sup>+</sup>CD4<sup>+</sup>CD8<sup>-</sup> and CD3<sup>+</sup>CD4<sup>-</sup>CD8<sup>+</sup> single positive (medulla) phenotype (1). In this differentiation process, the thymic microenvironment which is constructed by non-lymphoid components plays an important role (2, 3). Among these components, thymic nurse cells (TNCs) have been considered a most intriguing, specialized microenvironment for the study of T cell differentiation, maturation, and negative or positive selection phenomena (4).

Lots of data have been generated about the multi-function

of thymic nurse cells. Some investigators have shown that TNC has endocrine capability (5), implying that TNC is involved in T cell differentiation by secreting humoral factors. Others have demonstrated that TNCs can support the growth of fetal thymocytes in the presence of IL-2 (6). Li et al. found some TNC clones have the capacity to bind CD4<sup>-</sup>CD8<sup>+</sup> thymocytes and to support them to differentiate into CD4<sup>+</sup>CD8<sup>+</sup> T cells *in vitro* by direct contact (7). However, contradictory studies showed that apoptosis occurred in some thymocytes cocultured with TNCs (8). All these studies indicated the heterogeneity of TNCs and its importance in T cell differentiation in the thymus.

To clarify the role of TNCs during T cell differentiation, we established a TNC clone, RWTE-1, from Wistar rat and cocultured it with fetal thymocyte subpopulations by hanging drop technique. The data showed that immature CD4<sup>-</sup>CD8<sup>+</sup> thymocytes were facilitated to differentiate into CD4<sup>+</sup>CD8<sup>+</sup> T cells within RWTE-1 cells. In another experiment, we proved that RWTE-1 could not produce a humoral factor to influence T cell differentiation.

In this paper the role of the specific interactions between thymic epithelium and thymocyte in the T cell differentiation process is discussed. Evidence is presented that thymic nurse cells support immature single positive cells to differentiate into double positive cells.

## Materials and Methods

### Antibodies

Mouse anti-rat thymic epithelial antibodies RE-4D8, RE-5C6, RE-6D6, RE-1D4, and RE-12B2 were used to determine the phenotype of RWTE-1 (9). Mouse anti-rat antibodies, 3B3,

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**Table 1.** Phenotypical comparison of CD4 depleted fetal thymocytes after 12-hour culture

Phenotype	% of positive thymocytes after 12-hour culture		
	Medium	Condition medium*	Hanging drop
CD4 <sup>+</sup> CD8 <sup>-</sup>	1	1	2
CD4 <sup>-</sup> CD8 <sup>+</sup>	77	75	10
CD4 <sup>+</sup> CD8 <sup>+</sup>	20	24	80
CD4 <sup>-</sup> CD8 <sup>-</sup>	2	2	8

\*50% medium + 50% supernatant of RWTE-1 cells.

RTH-7 and 10B5, which recognize rat CD5, CD4 and CD8 antigen respectively, were used to separate thymocytes (10).

#### Preparation of thymic nurse cells

Thymic nurse cells were isolated as described elsewhere (11). Briefly, fragments obtained from fetal Wistar rats were enzymatically dissociated using 0.25% trypsin at 37°C for 30 min. TNC complexes were purified from total thymic cells by serial sedimentations on 50% fetal calf serum (FCS). Then the cells were cultured in RPMI 1640 medium supplemented with 20% FCS. The adherent cells were cloned by limited dilution.

#### Immunofluorescence study

RWTE-1 cells were incubated with various anti-thymic epithelial antibodies for 1 h at 4°C. The cells were then washed twice with PBS, and incubated with fluorescein labeled antibody against mouse Ig for another 30 min at 4°C. Thereafter, the cells were washed three times and subsequently assessed by a FACS analyzer (Becton Dickinson).

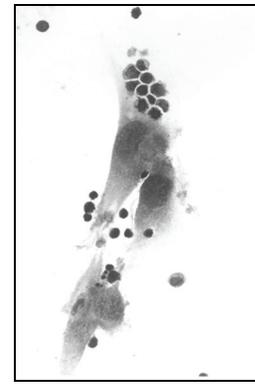
In the double staining study,  $1 \times 10^6$  thymocytes were simultaneously stained with FITC-labeled anti-rat CD8 antibody as well as PE-labeled mAb against rat CD4.

#### Separation of the subsets of thymocytes

Thymocytes were first treated with mouse anti-rat-CD4 mAb and/or mouse anti-rat-CD8 mAb for 1 h at 4°C. Then the cells were washed by PBS and incubated with anti-mouse IgG labeled magnetic beads. The cells unconjugated with the beads were separated by a magnetic column and used for subset study.

#### Hanging drop culture

Two-week pregnant rat was sacrificed and the thymuses of the fetuses were removed. The thymuses were smashed in PBS and the suspension of thymocytes was derived by passing through a cell filter. The subsets of embryonic thymocytes and RWTE-1 cells were seeded in a Terasaki plate (Nunc Inc.) at a ratio of 40:1. Then the plate was turned over and incubated for 12 h. After a 12-hour culture, the cells of each well were collected and smeared on slides using a cytospinner (Sakura Inc., Tokyo). The cells engulfed at least two thymocytes were considered to be positive.



**Figure 1.** Microphotograph of RWTE-1 cells. Attachment of thymocytes to RWTE-1 cells could be observed.

#### Immunohistochemical staining of intra-TNC thymocytes

Phenotypes of intra-TNC thymocytes were determined after 12-hour hanging drop culture by immunohistochemical staining. The smears of TNC complexes obtained by a cytospinner were used for microscopy observation.

## Results

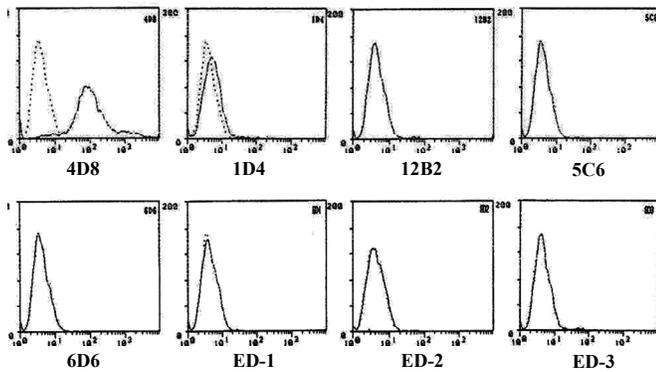
#### Establishment of the TNC clone RWTE-1

Using the method described above, 7 clones were obtained from the thymus of Wistar rat. One of these clones, RWTE-1, which could form typical complexes in the hanging drop culture was chosen for further study. When RWTE-1 cells and thymocytes cultured through hanging drop technique, most of RWTE-1 cells could not adhere to the substratum. After 6-12 h incubation, they formed typical complexes virtually identical to those obtained from enzyme-digested fresh thymuses. With a laser confocal microscope, we cut the complexes and proved that the thymocytes were present in the cytoplasm but not on the surface of RWTE-1 cells.

When cultured in dish, RWTE-1 cells had an epithelial appearance, which were polymorphic, large, less dense and with one or two large nuclei (Figure 1). Fine tonofilaments in the cytoplasm were also found under transmission electron microscope (12).

#### Membrane antigen determination

The surface determinants of RWTE-1 were examined by FACS with monoclonal antibodies established in our laboratory (8). Among five anti-thymic epithelial antibodies (RE-4D8, RE-5C6, RE-6D6, RE-1D4, RE-12B2), RWTE-1 was only reactive to mAb RE-4D8, which is an antibody recognizing a common antigen expressed by thymic epithelium (Figure 2). This indicates that these antibodies are not specific to RWTE-1. To induce MHC antigens on the surface of RWTE-1, we cultured RWTE-1 with 100 U/ml recombinant mouse interferon- $\gamma$ . After 1 day stimulation, MHC class I and class II molecules were highly expressed (Figure 3). Intercellular cell adhesion molecule-1 (ICAM-1)



**Figure 2. Antigen expression on the surface of RWTE-1 cells.** Epithelial antigens defined by monoclonal antibodies against 4D8, 1D4, 12B2, 5C6, and 6D6. Monoclonal antibodies ED-1, ED-2 and ED-3, which recognize antigens expressed on macrophages were negative on RWTE-1 cells.

was detected on the surface of RWTE-1 cells, whereas macrophage markers ED1, ED2 and ED3 were negative (Figure 2). These results confirmed that RWTE-1 cells are epithelial oriented.

#### *Fractionized cells in hanging drop culture*

In hanging drop culture, we found that the fetal thymocytes but not the adult thymocytes can be engulfed into RWTE-1 cells. This implied that RWTE-1 cells could harbor immature thymocytes. To investigate which cell subset could be entrapped into RWTE-1, the fetal thymocytes were separated into three groups by mouse anti-rat CD4 antibody, mouse anti-rat CD8 antibody and goat anti-mouse IgG magnetic beads. After passed through a magnetic column, the unbound cells were collected. The CD4<sup>+</sup> cells were eliminated by mAb RTH-7 and CD8<sup>+</sup> cells were cleared out by mAb 10B5. When mAb RTH-7 and mAb 10B5 were used simultaneously, both CD4<sup>+</sup> and CD8<sup>+</sup> cells were eliminated. Accordingly, the subset of enriched CD4<sup>+</sup>CD8<sup>+</sup>, CD4<sup>+</sup>CD8<sup>-</sup> and CD4<sup>-</sup>CD8<sup>-</sup> was obtained, respectively. As each subset of the enriched cells was incubated with RWTE-1 cells in the hanging drop culture, it showed that 12% of the enriched CD4<sup>+</sup>CD8<sup>+</sup> cells, which contained CD4<sup>+</sup>CD8<sup>+</sup> and CD4<sup>+</sup>CD8<sup>-</sup> cells, could be engulfed (Table 2). No engulfment of the enriched CD4<sup>+</sup>CD8<sup>-</sup> and CD4<sup>-</sup>CD8<sup>-</sup> subsets was observed. Furthermore, the enriched peripheral CD4<sup>+</sup>CD8<sup>+</sup> cells were also examined. None of these cells was engulfed. Therefore, we speculated that thymocytes engulfed by RWTE-1 cells were immature CD4<sup>+</sup>CD8<sup>+</sup> cells.

#### *Phenotypic change of CD4<sup>+</sup>CD8<sup>+</sup> cells after 12-hour hanging drop culture*

In order to determine the role of RWTE-1 cells in T cell differentiation, the change of T cell differentiation markers on the surface of engulfed thymocytes was monitored after hanging drop culture. As immature CD4<sup>+</sup>CD8<sup>+</sup> cells could be engulfed by RWTE-1 cells, this subset was hanging drop

**Table 2.** The engulfment of thymocytes by RWTE-1 cells

Cell fraction	% of engulfment
Embryonic thymocytes	4
Embryonic CD4 <sup>-</sup> CD8 <sup>-</sup> thymocytes	1.5
Embryonic CD4 <sup>-</sup> CD8 <sup>+</sup> thymocytes	12.5
Embryonic CD4 <sup>+</sup> CD8 <sup>-</sup> thymocytes	0
Adult CD4 <sup>-</sup> CD8 <sup>+</sup> thymocytes	0
Adult CD4 <sup>+</sup> CD8 <sup>-</sup> thymocytes	0

cultured with RWTE-1 cells for 12 h. The CD4, CD8 and CD5 antigens were then detected on cytospin preparations of collected cell suspensions by immunoperoxidase staining.

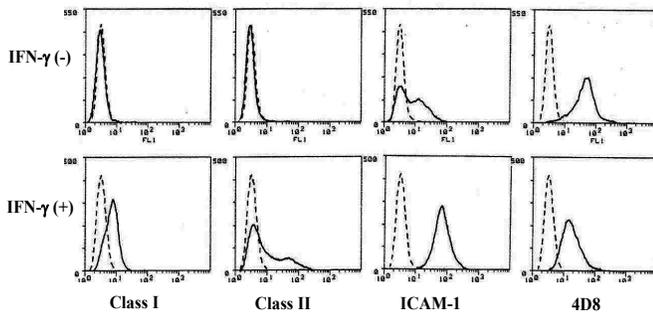
The expression of CD5 on thymocytes was strongly positive (Figure 4A). This indicated that the engulfed cells were thymocytes. As expected, CD8 expression was also positive (Figure 4B). Interestingly, only a few thymocytes per TNC showed a negative expression of CD4 (Figure 4C). In addition, when both mAb RTH-7 and mAb 10B5 were used in immunoperoxidase staining, all the thymocytes were positive. Calculating all the thymocytes within 200 RWTE-1 cells, we found that 80% of them were CD4<sup>+</sup>CD8<sup>+</sup> cells. Comparing with the phenotype of the cells before hanging drop culture, there were 80% of CD4<sup>+</sup>CD8<sup>+</sup> cells gained CD4 determinate after a 12-hour hanging drop culture. This indicated that RWTE-1 cells could promote CD4<sup>+</sup>CD8<sup>+</sup> cells to differentiate into CD4<sup>+</sup>CD8<sup>+</sup> cells through direct contact.

#### *Culture of CD4<sup>+</sup>CD8<sup>+</sup> enriched subset with the supernatant of RWTE-1*

To determine whether RWTE-1 cells influence T cell differentiation by producing humoral factors, we cultured CD4<sup>+</sup>CD8<sup>+</sup> enriched cells in RPMI medium supplemented with 50% supernatant of RWTE-1 cells at 37°C. The cells cultured in the medium without supernatant were used as a control. After 12 h, cell populations were analyzed by two-color flow cytometry for CD4/CD8 expression. As indicated in Table 1, after a 12-hour culture, CD4<sup>+</sup>CD8<sup>+</sup> cells were evident in both groups. There was not a significant difference between the cells cultured with or without supernate of RWTE-1 cells. In both conditions, enriched CD4<sup>+</sup>CD8<sup>+</sup> cells resulted in about 20% CD4<sup>+</sup>CD8<sup>+</sup> cells after 12-hour incubation. These results demonstrated that indirect contact between CD4<sup>+</sup>CD8<sup>+</sup> thymocytes and RWTE-1 cells was not responsible for differentiation of CD4<sup>+</sup>CD8<sup>+</sup> cells into CD4<sup>+</sup>CD8<sup>+</sup> cells in our culture system. The mechanism of spontaneous acquisition of CD4 antigen was not clear. The possible explanation was that 20% of CD4<sup>+</sup>CD8<sup>+</sup> cells in our system had been selected to differentiate into CD4<sup>+</sup>CD8<sup>+</sup> cells in the thymus before surgical removal.

## Discussion

Until now, the authenticity of the character and function of TNCs has been in question (13). In this study, we

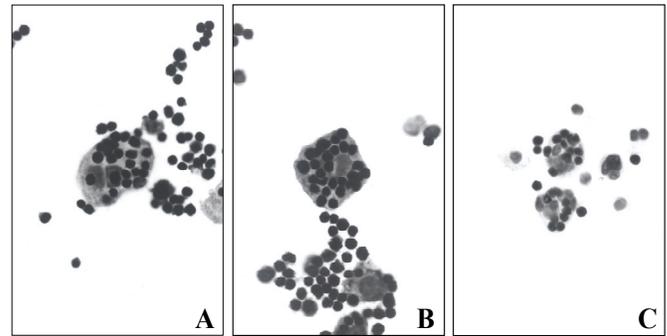


**Figure 3.** The induction of MHC and ICAM-1 antigens on the surface of RWTE-1 cells. MHC antigens could not be detected in a regular culture condition. After the stimulation with interferon- $\gamma$  for 48 h, these antigens were detected positive.

demonstrated the role of TNC clone, RWTE-1, in the process of T cell differentiation. As shown in the figures, RWTE-1 cells formed a characteristic complex structure with fetal thymocytes in hanging drop culture system. From morphological and phenotypic studies, we propose that RWTE-1 clone belongs to CTES type II epithelium. Moreover, macrophage markers ED1, ED2 and ED3 were not labeled by RWTE-1 cells. These findings strongly indicated that RWTE-1 cells were cloned from thymic nurse cells (14-16).

Thymic nurse cell was proved to be an isolated thymic microenvironment for T cell differentiation (14), which plays multi-function during this process (17). According to Breliniska et al. (18), intra-TNC thymocytes were heterogeneous in their phenotypes and represented cells at various stages during their maturation cycle. According to our observation, RWTE-1 cells entrapped immature  $CD4^+CD8^+$  thymocytes only. This subset was immature because 1)  $CD4^+CD8^+$  cells were obtained from fetal thymus; 2) neither adult nor peripheral  $CD4^+CD8^+$  cells could be encapsulated by RWTE-1 cells. Among these immature  $CD4^+CD8^+$  cells only 12% of them could be captured by RWTE-1 cells. Although the contamination of  $CD4^+CD8^-$  cells contributed to this low encapsulation, whether there are subsets in immature  $CD4^+CD8^+$  thymocytes or the entrapping capability of RWTE-1 cells depending on the growth condition remains to be elucidated.

In the stroma, thymic nurse cell has been postulated to be an important docking site in T cell differentiation. It was well accepted that the duration of differentiation prior to the expression of TCR is  $CD3^+CD4^+CD8^- \rightarrow CD3^{low}CD4^+CD8^+ / CD3^{low}CD4^+CD8^- \rightarrow CD3^{low}CD4^+CD8^+$  (1). However, the precise role of TNC playing in this process is unclear. By coculture thymocytes with TNC monolayer, it was found that TNCs were capable of inducing both mitosis and apoptosis (8). In a similar experiment, RWTE-1 cells were observed to form pseudoemperipolexis with thymocytes and, moreover, mitotic cells were frequently found (12). This implies that RWTE-1 cells may induce the proliferation of thymocytes by direct interaction.



**Figure 4.** Immunohistochemical staining of intra-TNC thymocytes with anti-rat antibodies (1,000 $\times$ ). After a 12-hour hanging drop culture, the smear of TNC complex was fixed with acetone for 5 min and incubated with mouse anti-rat CD5 (A), mouse anti-rat CD8 (B), and mouse anti-rat CD4 (C) for 1 h. The section was then subjected to the biotin-labeled goat anti-mouse antibody for 10 min and incubated with peroxidase-conjugated streptavidin and submerged in 0.05% (w/v) diaminobenzene in 0.05 mol/L Tris-HCl buffer solution (pH 7.6) for 5 min. Hematoxylin was used for counter staining.

As shown in the Table 2, 80% of  $CD4^+CD8^+$  fetal thymocytes were differentiated into  $CD4^+CD8^+$  thymocytes inside RWTE-1 cells after a 12-hour hanging drop culture. Although 20% of  $CD4^+CD8^+$  thymocytes could gain CD4 determinants spontaneously in a simultaneous course culture, there was a significant difference in term of the percentage of  $CD4^+CD8^+$  cells between the two groups. Therefore, we conclude that RWTE-1 cells may facilitate immature  $CD4^+CD8^+$  cells to differentiate into  $CD4^+CD8^+$  cells by direct contact. Although it was believed that TNC synthesizes and secretes thymic hormones (19, 20) to support the immature thymocytes, this was not found in our present study.  $CD4^+CD8^+$  subpopulation of fetus has been considered to be an immature precursor of  $CD4^+CD8^+$  cortical thymocytes. Cells of this subset are large, dividing, highly sensitive to cortisone and found in the outer cortex. After a short-term culture, the majority of these cells become  $CD4^+CD8^+$  without additional stimulation or growth factor. MacDonald and Wilson reported the similar observation (21, 22). These findings seem different from our result in the *in vitro* culture, in which only 20% of  $CD4^+CD8^+$  cells were detected. There are two logical possibilities for this discrepancy. One is that those authors used a purified  $CD4^+CD8^+$  subpopulation (purity > 99%), whereas we used an enriched  $CD4^+CD8^+$  subpopulation which contains  $CD4^+CD8^-$  cells. Alternatively, the difference of thymocytes between rat and mouse may exist.

It has been proposed that the positive selection is a likely feature of TNCs (23). In some reports, TNC represents a selective environment for helper-lineage T cell differentiation and some  $CD4^+CD8^+$  subset-bound TNC clones induce their growth and differentiation into mature  $CD4^+CD8^+$  T cells. Our RWTE-1 clone influences T cell differentiation at immature  $CD4^+CD8^+$  stage. These results prompt us to a

hypothesis that the distinct thymic nurse cells might be responsible for the development of different thymocyte subsets.

Furthermore, it has been demonstrated that the negative selection occurs before CD4<sup>+</sup>CD8<sup>+</sup> stage of differentiation. RWTE-1 cells prevent some CD4<sup>+</sup>CD8<sup>+</sup> cells from the negative selection and facilitate them to differentiate into the next phase of maturation. The molecules involved in recognition between RWTE-1 cells and immature CD4<sup>+</sup>CD8<sup>+</sup> cells remain unclear. More critical experiments need to be done to clarify this issue.

In this study, the conclusion is reached that a TNC clone, RWTE-1, promotes immature CD4<sup>+</sup>CD8<sup>+</sup> thymocytes to differentiate into CD4<sup>+</sup>CD8<sup>+</sup> cells by direct contact. The hanging drop culture system provides a useful tool to investigate the role of TNCs in T cell differentiation.

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